

# Youth Groups

We run Youth Groups that take place every month. If you would like to attend one of our groups, that offer a safe space for LGBT+ young people, please get in touch.

There's two age ranges for our groups:

**Age 16 to 25 years**

**Age 11 to 15 years**

You will need to meet with a member of the team prior to attending the groups as we need some information.

To make a referral, please contact:  
email: [lgbt@humankindcharity.org.uk](mailto:lgbt@humankindcharity.org.uk)  
call: 0191 466 1389

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